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WHAT TO DO WHEN SOMETHING IMPORTANT IS OUT OF YOUR HANDS

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Today, I'm really on a path to accomplish my main dream. I've been focusing on the success of this dream for years in the strongest way—a way I didn't think was possible. This focus immediately leads me to think about exactly how, as an intuitive, I handle these situations.

If we're on the verge of accomplishing something big, but the last part of the equation is completely out of our hands, what do we do? Say, for instance, you're up for your dream job, you gave a great interview and now you just have to wait. That feeling of not knowing can be really unnerving, especially when the stakes are high. Add in intuition, and the whole situation can quickly become very confusing.

It almost feels like walking on a tightrope. You're trying to stay graceful, focused and fluid as you walk your path to your final goal. But there are all these distractions that seem to be working against you to pull you down. As an intuitive, perhaps you are receiving guidance regarding the situation. But it's possible your nerves are making the guidance seem chaotic and unfocused. Perhaps you find yourself becoming superstitious? When the stakes are high, you'd be surprised how many strange superstitions pop into our heads. As you focus on **manifesting your goal**, your focus needs to be more powerful than the anxiety you have about it. You need to be clear-headed to manifest, and that can be next to impossible while you're on this tightrope. So, again, I ask, what do you do?

Well, as hard as it can be sometimes, the most important thing you can do in this situation is to believe in yourself. You have to know that what you have done, what you have to offer and whatever the situation, it is worth it! If you weren't worth it, you wouldn't be in this situation—so close to the culmination of your dream. Tuning your mind to the positives and focusing on the benefits you provide in a situation is a good thing. It's a nice way to gently remind yourself, especially if you're feeling antsy or

insecure, that you are worth it and you do bring a lot to the table. If they don't go with you in the end, it's likely because there isn't an energetic alignment with that particular situation. But know that if you believe in yourself, the best outcome for you at this time will come to be.

It's also important to stay supportive of yourself. It can be easy to start second-guessing the materials you submitted or mentally replaying how you did in an interview over and over. Don't do that! Easier said than done, sure. But it's in the past now. You have to recognize, again, that what you bring to the situation is enough or you wouldn't be in it.

Aside from that, if you're looking to manifest, be sure to ground yourself first. I find it best to manifest at the start of my day when I wake up in the morning, grounded and clear-headed. First, I do a quick grounding exercise, then I visualize the ideal outcome for the situation I am in. I see it clearly—what I want to have happen—in as much detail as I possibly can. From my experience, **the universe** works with pictures, feelings and intentions. After I feel a strong buildup of energy and excitement from envisioning my ideal outcome, I release it into the universe, stating that this is my intention and that this or something greater will come to me. Then, I have to release it completely.

It may be hard, but there's no need to continue focusing on that place afterwards. Once you release your intention, try to truly separate from it and start your day. If your insecurities or fears begin to rise, just dismiss them with confidence knowing that you are enough and you will be receiving whatever is supposed to come to you at this time. Accept that you have done what you can do in this situation and moving past it is crucial. If you find yourself hung up on anxieties, do a quick grounding meditation and move past the fears.

And the next time you find yourself in this situation, I wish you all the best! Know that you are enough and that your supporters and Guides have your back.